

LHSC 2009-2010

ISI Schedule

Date	Host/Location	Session/Meet Info	Entry Due / Coaching fee
Oct.16-18,2009	LHSC/Lockport Township HS	Fri.PM OPEN Sat/Sun AM 10 & U ,11-12 Sat/Sun PM 8& U, 13&Over	October 2,2009 Coaching fee \$5
Oct. 25, 2009	LWSA/Lincoln-Way East	Sun AM 9,10,11,12 ONE DAY ONLY!!	September 28,2009 Coaching fee \$5
November 1, 2009	North Aquatics (NAC)/ Lincoln Way North	Sun AM 8& U, 13-14,15 & up Sun PM 9-10,11-12 ONE DAY ONLY!!	September 28,2009 Coaching fee \$5
November 21, 2009	GILS Andrew High School	Sat AM 8& U, 11-12,15 & Over Boys Sat PM 9-10,13-14,15 &Over Girls ONE DAY ONLY!!	October 13,2009 Coaching fee \$5
November 22,2009	HF Homewood Flossmoor HS	Sun AM 10 & U, 11-12 Sun PM Senior ONE DAY ONLY!!	October 19,2009 Coaching fee \$5
December 11-13,2009	LWSA/Lincoln Way Central HS	Fri PM 8 & U, 10 & U, 11-12,13-14,Senior Sat/Sun AM 10 & U, 13-14 Sat/Sun PM 8 & U, 11-12, Senior	October 30, 2009 Coaching fee \$10
January 9,10,2009	Lake Forest/UIC	Sat/Sun AM 12,Senior Sat/Sun PM 8& U, 10 &U, 11	November 30,2009 Coaching fee \$10
January 22-24,2010	Jets/Oswego East HS	Fri PM 12 & U, OPEN Sat/Sun AM 8 & U, 10 & U, 11-12 Boys Sat/Sun PM 11-12 Girls, OPEN	December 14, 2009 Coaching fee \$10
February 12-14,2010	Delta/Oswego East HS	Fri PM 9-10, 11-12,13 & Over Sat/Sun AM 9-10,11-12 Sat/Sun PM 8 & U, 13 & Over	January 30, 2010 Coaching fee \$10
February 26-28,2010	Regional Championship/ Homewood Flossmoor HS	QUALIFYING TIMES APPLY	Coaching fee \$15
March 4-7, 2010	Senior Championship/ UIC	QUALIFYING TIMES APPLY	Coaching fee \$15
March 11-14, 2010	Speedo Sectional/TBA	QUALIFYING TIMES APPLY	Coaching fee TBA
March 11-14,2010	Age Group Champs/UIC	QUALIFYING TIMES APPLY	Coaching fee \$15

All entries due to Laura Knowles at lknowles@lths.org or thru the mailbox (Coaches Folder)