

SUMMER STROKE CLINICS

To participate, you must be registered for the team. Please turn in all sheets to Coach Mo and **NOT** the front desk.

Distance Clinic

Ages: 12 and older
When: May 5th, 7th, 9th
Time: 5:30pm- 6:30pm
Coach: Jason Ozbolt
Cost: \$15.00
Min/Max 10/25
Code: 220901G

Sprint Clinic

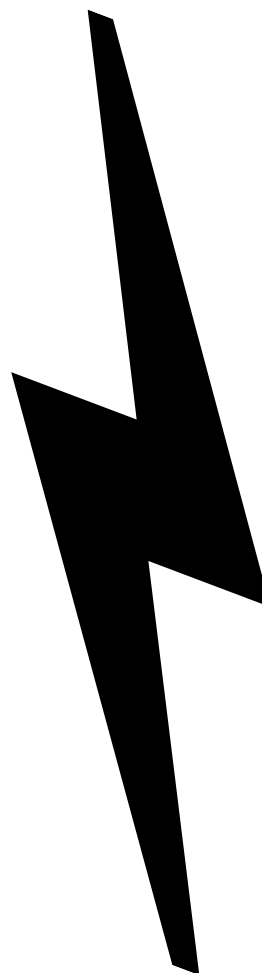
Ages: 12 and older
When: May 5th, 7th, 9th
Time: 6:30pm- 7:30pm
Coach: Coach Mo/ Jason Ozbolt
Cost: \$15.00
Min/Max 10/25
Code: 220901H

Beginner Flip-Turn Clinic

Ages: 10 and under
When: May 6th & 8th
Time: 5:30pm- 6:30pm
Coach: Coach Mo and Coach Kate
Cost: \$15.00
Min/Max 10/25
Code: 220901I

Advance Flip-Turn Clinic

Ages: 11 and older
When: May 6th & 8th
Time: 6:30pm- 7:30pm
Coach: Coach Mo and Coach Kate
Cost: \$15.00
Min/Max 10/25
Code: 220901J



Stokes will be focused on the week of May 12th during normal practice times